

PUPIL'S NAME

a j c. 9

MUSCULAR WRITING

2^d

Course Of Study

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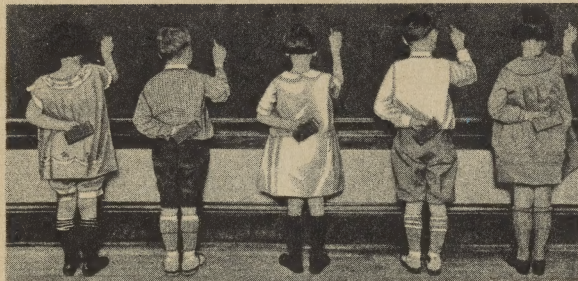
TO THE PUPIL

YOU will have a great deal of writing to do in your school work, and much more when you leave school. So it is important that you write a good hand. You should help yourself, and not leave everything to the teacher. Pay attention to the directions of the teacher, so that you can practice in the right way, for if you hold your pen or sit in a wrong way, it will be much harder for you to learn to write well, rapidly. Good writing is easy to learn if you make the right start and stick to it; but if you allow yourself to hold the pen incorrectly, or write with the fingers instead of the muscles of the arm, you may never be able to write well. In all your writing do your best. In your writing class, or in your other classes, or in writing letters, follow the instructions for positions of body and hand, paper and pen; and never allow yourself to write with the slow finger movement. You will thus get more quickly into the muscular writing habit, and your progress will be rapid.

Study the letter forms, and strive to make each stroke correctly.

Your paper, pencil, pen and ink should be of good quality. To keep out dust, see that your ink well is closed when not in use. Do not dip the pen too deep into the ink. Use a good pen-wiper after each lesson. All writing materials should be kept clean.

Read the instructions on next to last page of cover.



BOARD POSITION

Pupils should take position at arm's length from the board and facing it, (arms and fingers extended, touching the board on level with shoulders): take half-step forward with left foot, and bring right foot even with left—counting 1, 2. With eraser in left hand place it behind back as shown in illustration; chalk should be in right hand. (See manual.)

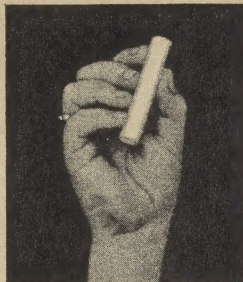


ILLUSTRATION 3 (Step II)

This position shows pupil seated well back in her chair taking the first writing exercise. Her back is straight. Her feet are flat on the floor. The muscular part of her right forearm rests near the edge of the desk. Both elbows are just off the desk. In this position pupil should roll arm forward and backward for two or three minutes, counting 1, 2, 3, 4, 5 6, 7, 8, 9, 10 rest, or push-pull (ten times) and roll, roll, roll (ten times) or round, round, round.

Crayon should be held loosely between thumb and fingers, longer end pointing toward palm of hand, as shown in illustration.

2 THESE DIRECTIONS TO BE READ BY TEACHER AND EXPLAINED TO PUPIL.

FOR FURTHER DIRECTIONS SEE TEACHER'S MANUAL.



Illustration 4

ILLUSTRATION 4 (Step III)

(After three months in school)

Here (at left) pupil is shown in the correct position, holding pencil properly. The pencil is held loosely between the first two fingers and the thumb. The first finger rests lightly on top of the pencil, about one inch from the sharpened end; the opposite end points toward the right shoulder. The pencil crosses the side of the second finger near the root of the nail. The end of the thumb is opposite the last joint of the second finger. Only the third and fourth fingers touch the desk. (See third page of cover for hand and paper position.)

ILLUSTRATION 5 (Step IV)

This illustration shows the correct position of arms, feet, paper and pencil, as described under illustration 4.

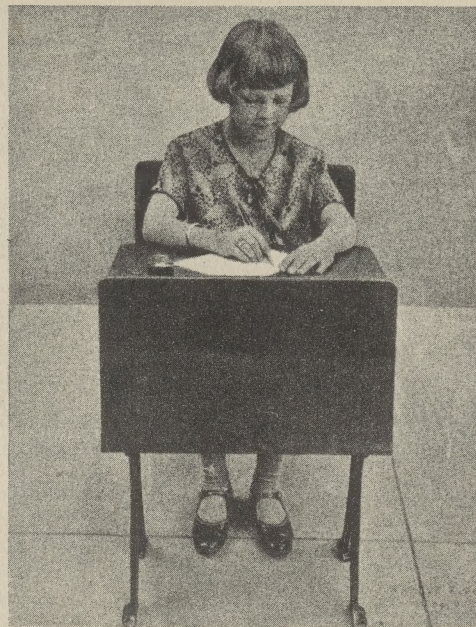
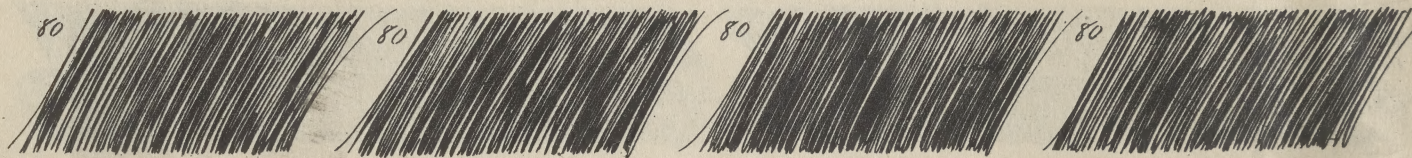
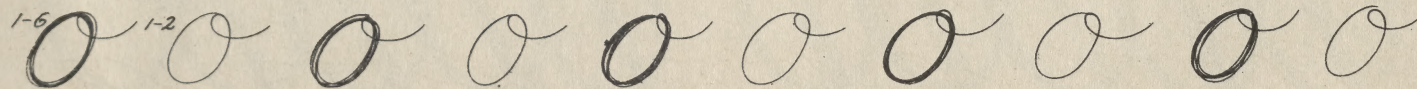


Illustration 5





¹⁻⁶ O o o o o o o o o o o o o o o o
m m m m m m m m m m m m m m m m
n n n n n n n n n n n n n n n n
moon moon moon moon moon moon moon moon
noon noon noon noon noon noon noon noon

Drill on many, miles, music.

¹⁻¹⁰ ~~1-10~~ uuuuuuuuu
iii iii iii iii ii
eee eee eee eee eee
¹⁻¹⁰ ~~1-10~~ lllllllll
hhhh hhhh hhhh hhh

Drill on love, hall, hunt.

A series of nine handwritten cursive 'd' characters. The first three are variations of a 'd' with a circular loop, labeled '1-6' above the first. The remaining six are variations of a 'd' with a more elongated, looped tail.

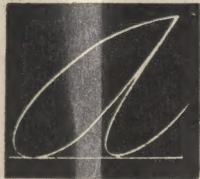
ssss sssss sssss sss

a aaaa aaaa aa

d d d d d d d d d d

Sunday Sunday Sunday
Drill on Sister, safe, sour.

Drill on Sister, safe, sour.

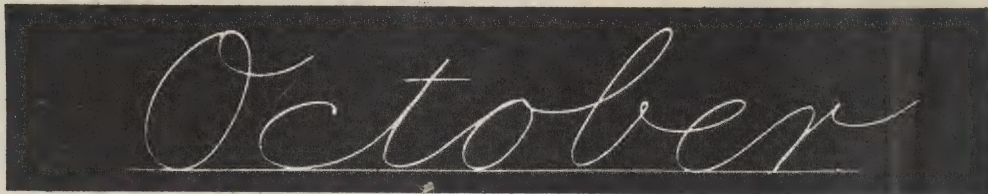
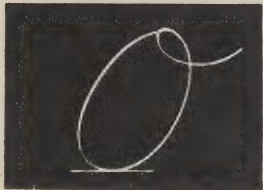


Count 1, 2,
Retrace 1-6

a a a a a a a

Always Always Always
speak speak speak speak
truth truth truth truth
Always speak the truth.

Drill on All, fall.



FOR BOARD PRACTICE, COUNT 1, 2, RETRACE SINGLE O 1-6

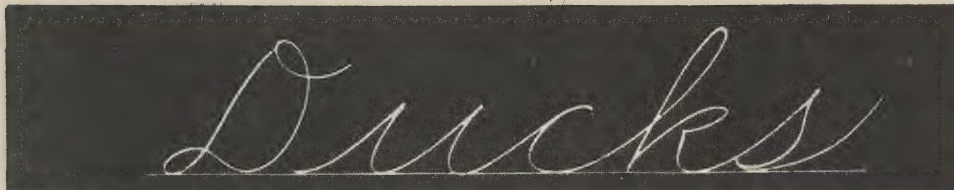
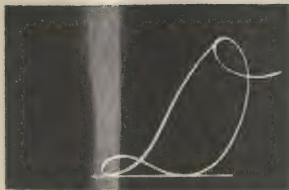
O O O O O O O O O O

October October October

fall fall fall fall fall

October is a fall month.

Drill on nod, frog, log.



Count 1, 2, 3, Retrace 1-9

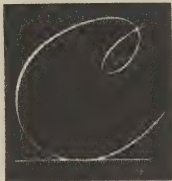
D D D D D D D D

Ducks Ducks Ducks D

dive swim dive swim

Ducks dive and swim.

Drill on Dove, Dare, Doll.



Count 1, 2,
Retrace 1-6

c c c c c c c c c

Can Can Can Can c
foods foods foods foods
Can all foods you can
Come to school. Come c

Drill on Count, Carry, Cooky.

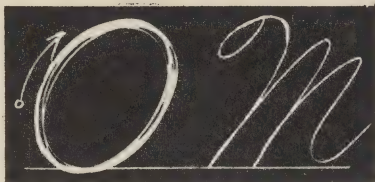


Count 1, 2, 3,
Retrace 1-9

E E E E E E E E

Easter Easter Easter Easter
eggs eggs eggs egg egg
pretty pretty pretty E E
Easter eggs are pretty E

Drill on Each, Eat, Eleven.



Count 1, 2, 3, 4, Retrace 1-12

m m m m m m m

March March March M
 spring spring spring M
 month month month M
 March is a spring month.

Drill on Mary, made, much.

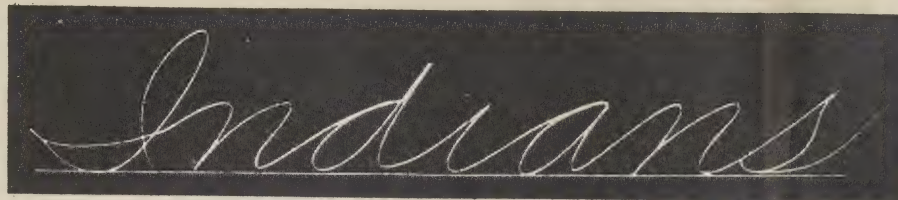
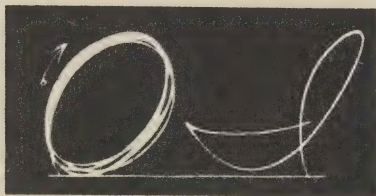


Count 1, 2, 3, Retrace 1-9

N N N N N N N N

Nine Nine Nine Nine N
 innings innings inn
 game game game game
 Nine innings in a game.

Drill on name, November, nut.



Count 1, 2, Retrace 1-6

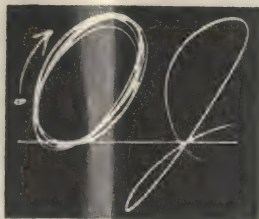
I I I I I I I I I I I I I

Indians Indians Indians

red red red red red r

Indians are red men. I

Drill on Inch, Ink, If.

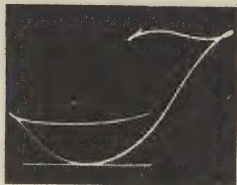


Count 1, 2, Retrace 1-6

J J J J J J J J J

June June June June J
 summer summer sum
 month month month m
 June is a summer month.

Drill on Jack, January, Jump.

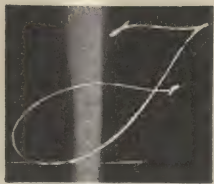


Count 1, 2, 3, 4,
Retrace 1-12

J J J J J J J J

Jadpole Jadpole Jadpole
live live live live live
water water water water
Jadpoles live in water.

Drill on Tinae, Toad, Turn.

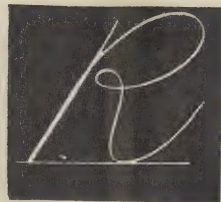
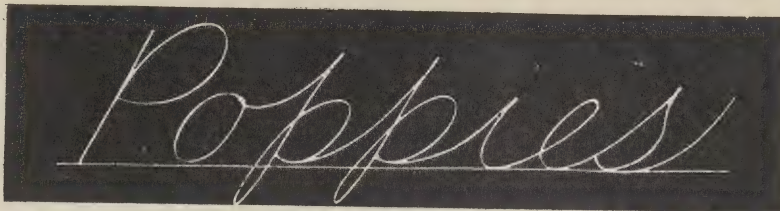
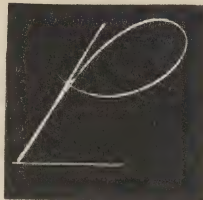


Count 1, 2, 3, 4,
Retrace 1-12

F F F F F F F F

Fishing Fishing Fishing
fine fine fine fine fine
sport sport sport sport
Fishing is fine sport.

Drill on Farmer, Five, Full.



Count 1, 2, Retrace single P 1-6

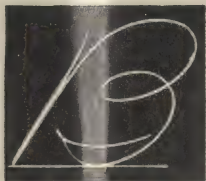
P P P P P P P P P

Poppies bloom in April.

R R R R R R R R R

Red poppies are pretty.

Drill on Pencil, Puppy, Roses, Riddle.

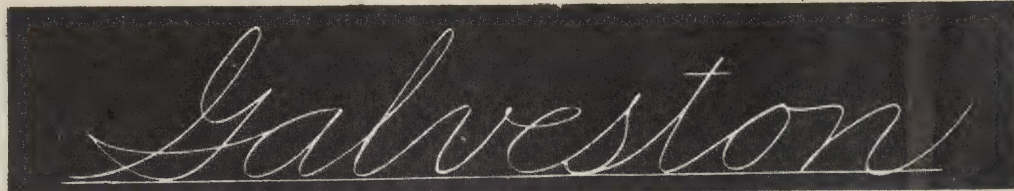
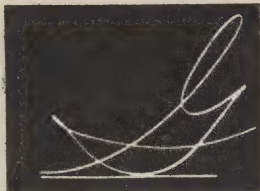


Count 1, 2, 3.
Retrace 1-9

B B B B B B B B

Busy bee, come to me. B.
Brush Brush Brush B B
daily daily daily daily
Brush your teeth daily.

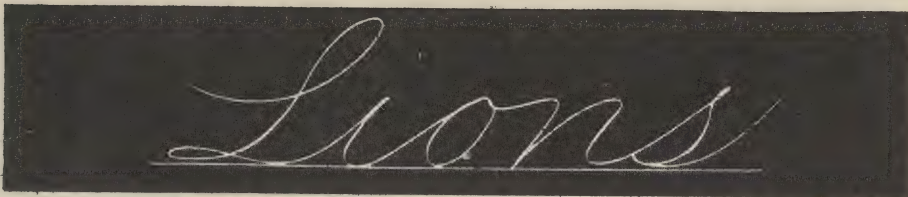
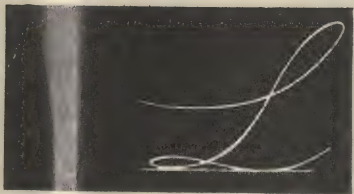
Drill on Boy, Bought, Bird, Brother.



Count 1, 2, 3, Retrace single G 1-9

G G G G G G G G G G
 Galveston Galveston G
 seaport. seaport seaport.
 Galveston is a seaport. G

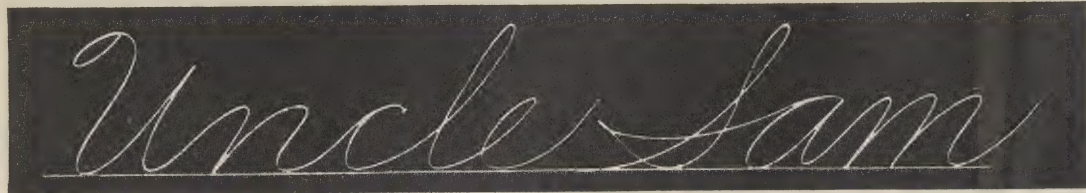
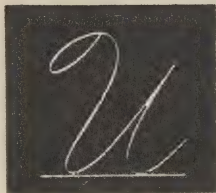
Drill on Give, Girl, Gull.



Count 1, 2, Retrace single L 1-6

L L L L L L L L L
 Lions Lions Lion Lion
 jungles jungles jungles
 Lions live in jungles.

Drill on Large, Left, Loop.



Count 1, 2, 3, Retrace U 1-0

U U U U U U U U U
 Uncle Uncle Uncle Uncle
 Sam Sam Sam Sam. I
 Uncle Sam says, "Save."

Drill on Up, Under, Umbrella.

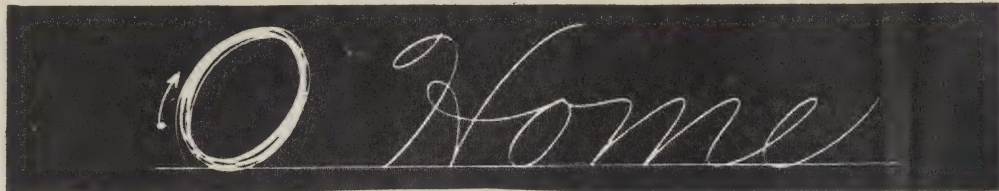
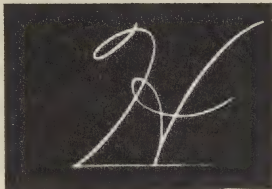


Count 1, 2, 3,
Retrace Y 1-9

Y Y Y Y Y Y Y Y

You You You You
should should should
straight straight sit
You should sit straight.

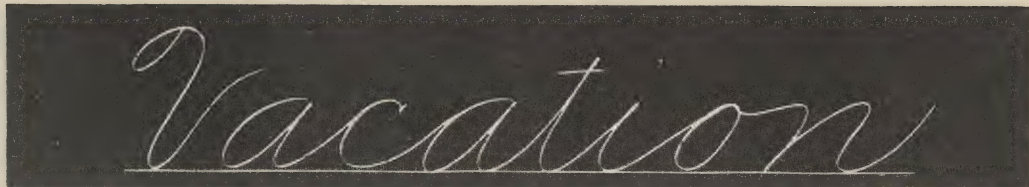
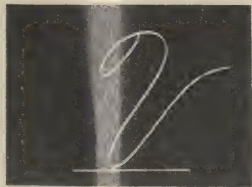
Drill on Yell, Yoke, Yesterday.



Count 1, 2, 3, 4, Retrace single H 1-12

H H H H H H H H
 Home Home Home Home
 sweet sweet sweet sweet
 Home, home, sweet home.

Drill on Horse, Hair, Hunt, Hide.



Count 1, 2, Retrace single V 1-6

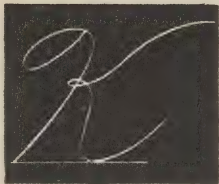
v v v v v v v v v

Vacation Vacation v v

happytime happytime

Vacation, a happytime.

Drill on Valley, Visit, Vessel.

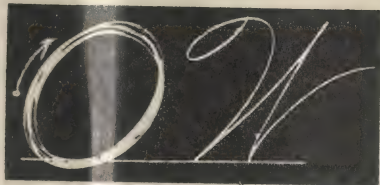


Count 1, 2, 3, 4,
Retrace K 1-12

K K K K K K K K

Keep Keep Keep Keep K
well well well well we
work work work work
Keep well, work hard. K

Drill on Kitten, Kindness, Kettle.



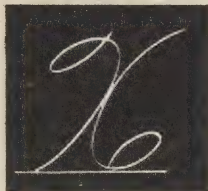
Count 1, 2, 3, 4, Retrace W 1-12

W W W W W W W W

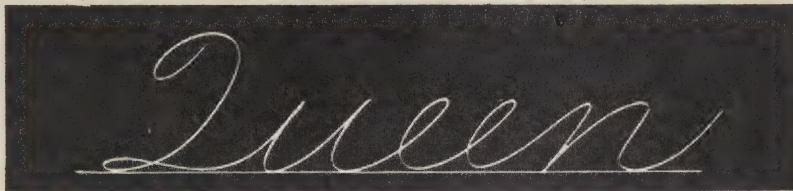
Water Water Water Water
 flows flows flows flows
 down down down down
 Water flows down hill. W

Drill on Weather, Window, Wade.

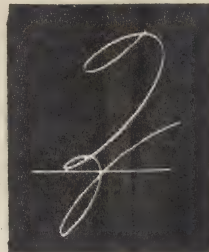
Count 1, 2, 3.



Count 1, 2, 3, Retrace single X and Z 1-0



Count 1, 2, 3.



29

X X X X X X X

z z z z z z z z z

Queen Queen Queen Queen

Queen Mab, a fairy queen.

Drill on Zebra, excuse, mix, Quickly.

One, two, This you do
Three, four, Practice more
Five, six, The clock ticks
Seven, eight, Don't be late
Nine, ten, Use a good pen.

1 2 3 4 5 6 7 8 9 0

¹⁻⁸
↓ O ccc ccc O ggg ggg O zzz zzz
¹⁻⁸
↓ uuu uuu wwww wwww x x x x x
¹⁻⁸
↓ y y y y y tttttt tttttt ppppp
¹⁻⁸
↓ O z z z z z O r r r r r O x x x x x
¹⁻⁸
↓ f f f f f b b b b b k k k k k
55555 33333 22222 88888

A B C D E F G H I
 J K L M N O P Q R
 S T U V W X Y Z
 a b c d e f g h i j k
 l m n o p q r s t u
 v w x y z

16 16 16 09 09 09 14 14 14 17 17 17



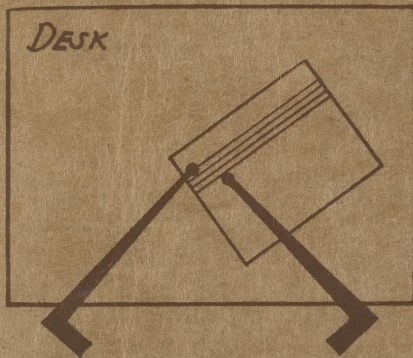
THE HAND, ARM AND PEN POSITION.

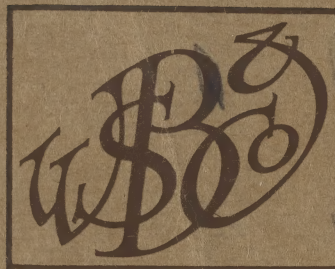
The hand should be in such position that the wrist is flat-wise with, but not touching the desk. The hand should be slightly closed, allowing the third and fourth fingers to curve back naturally, and glide upon the desk, and thus serve in resting the hand. The first finger should rest on top of the pen-staff about an inch or an inch and a quarter from the point of the pen. The thumb should bend slightly, and touch the pen-staff opposite the second knuckle of the second finger. The pen-staff should touch the second finger near the root of the nail, and should point just below the right shoulder. The eyelet of the pen should be as nearly as possible below the middle of the first finger nail, in order to prevent writing with the side of the pen. Both nibs of the pen should touch the paper at the same time.

The large muscle in the forearm is the muscle you should develop and depend on for control. The muscle rests on the desk and serves the arm as a pivot or support for the gliding movement of the arm.

PAPER POSITION.

Place the paper as shown in the illustration. The lines on the paper should be parallel with a line from the upper right-hand corner to the lower left-hand corner of the desk. When you have written half-way across the page, move the paper three or four inches to the left with the left hand, in order to preserve the uniformity of the slant.





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